

Child and Adolescent Mental Health Services – CAMHS

Perinatal Mental Health Consultation Liaison Service – Ph: 6205 1469. Provides mental health assessment, treatment and other services including support, advice and referrals for women from conception to 12 months after giving birth. Please note PMHCS is not a mental health crisis service and does not provide clinical management.

Eating Disorders Program – Ph: 6205 1519. A specialist, community-based, multi-disciplinary team providing comprehensive assessment and treatment programs to people with a primary diagnosis of an Eating Disorder.

STEPS – Ph: 6205 1971. A residential facility that is an alternative to hospital for young people (aged 14 -18 years) for up to a period of 12 weeks who are experiencing moderate to severe mental health issues.

Early Intervention Team – Ph: 6205 1971. This service provides care for people and their families experiencing a severe initial episode of mental illness including psychosis. The unit operates 7 days per week and referrals are made after assessment by Mental Health Community Team clinicians.

The Cottage Adolescent Day Programme – Ph: 6205 1128. A therapeutic group program for young people between the ages of 12 and 17 in the ACT who are experiencing moderate to severe mental health issues. Referrals to the Cottage Adolescent Day Program are made by Clinical Managers in the mental health community teams.

Community Teams – CAMHS Intake Line 6205 1971. The CAMHS Community Teams provide assessment and treatment for children and young people under 18 years of age who are experiencing moderate to severe mental health difficulties.

CAMHS Northside – Ph: 6205 1050
CAMHS Southside – Ph: 6205 1469

Justice Health Services

Forensic Mental Health Service – Ph: 6205 1551. Is a specialist service based the in court, custodial, youth detention and community settings. The Forensic Mental Health Service provides assessment and intervention for people with a mental illness who have or are at risk of criminal offending. Forensic Services includes Forensic Community Outreach Service, Court Assessment and Liaison Service and Mental Health Services at the Alexander Maconochie Centre (AMC) and the Bimberi Youth Detention Centre (BYDC)

Primary Health Service – Ph: 02 6207 2843 (business hours only). The Primary Health Service provides general health management including assessment, treatment, emergency and referral services to detainees and young people located at the Alexander Maconochie Centre (AMH), Bimberi Youth Justice Centre (BYJC) and Periodic Detention Centre (PDC).

Feedback

Mental Health, Justice Health and Alcohol and Drug Services encourage and support consumer and carer participation and feedback. If you wish to provide comments your first point of contact should be the team leader of the Mental Health Team you are working with. This will allow you to confidentially discuss the matter, and in the case of a complaint seek a resolution at this point. If your complaint is not resolved to your satisfaction at this point, the Team Leader will provide you with the Consumer Listening and Learning Feedback Form. The form should then be sent to the Consumer Engagement and Feedback Team.

If assistance is required to complete the form and ensuring the relevant information is provided, please contact the Consumer Engagement Feedback Team.

Ph: 6244 2740 | Fax: 6244 4619

Hours: 8.30am to 5.00pm Monday to Friday

Mail: Consumer Engagement Feedback Team
GPO Box 825 Canberra ACT 2601

Email: HealthFeedback@act.gov.au

Translation Services

MHJHADS is committed to providing services that are culturally sensitive and which are easily accessible by consumers from diverse cultural and linguistic backgrounds. Access to interpreter facilities is available throughout the service with 24 hours notice. If an interpreter is required, or you have specific cultural care requirements, please contact your regional team.

Mental Health Justice Health Alcohol and Drug Services (MHJHADS) is a smoke free environment as implemented on 1 January 2013 in line with the ACT Health Directorate's Smoke Free Workplace Policy.

For more information on the smoke-free environment initiative go to: <http://www.health.act.gov.au/health-services/mental-health-act/smoke-free-environment>

Accessibility

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If English is not your first language and you require a translating and interpreting service, please phone Canberra Connect on 13 22 81.

If you are Deaf, or have a speech or hearing impairment and need the teletypewriter service, please phone 13 36 77 and ask for 13 22 81.

For speak and listen users, please phone 1300 555 727 and ask for 13 22 81. For more information on these services visit <http://www.relayservice.com.au>

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Mental Health, Justice Health and Alcohol & Drug Services (MHJHADS)

About us



Mental Health, Justice Health and Alcohol & Drug Services provide health services directly and through partnerships with community organisations. The services provided range from prevention and treatment to recovery and maintenance and harm minimisation. Consumer and carer participation is encouraged in all aspects of service planning and delivery. The Division works in partnership with consumers, carers and a range of government and non-government service providers to ensure the best possible outcomes for clients.

The Division delivers services at a number of locations, including hospital inpatient and outpatient settings, community health centres, detention centres, other community settings including peoples home.

Our service has adopted a ‘no wrong door’ philosophy with the aim of ensuring that information is available at all times and to all consumers. Our partnerships with GPs, service providers, carers, the community and other health care professionals results in a more comprehensive mental health service.

Mental Health, Justice Health and Alcohol & Drug Services include the following programs:

- ACT Wide Mental Health Services
- Adult Mental Health Services
- Alcohol & Drug Services
- Child & Adolescent Mental Health Services (CAMHS)
- Justice Health Services.

ACT Wide Mental Health Services

Mental Health Triage – Available 24hrs/7 days.
Ph: 1800 629 354 (free call except from mobiles) **Ph: 6205 1065.**

Crisis Assessment and Treatment Team (CATT) – Available 24hrs/7 days. Ph: 1800 629 354 (free call except from mobiles) **Ph: 6205 1065.** This service operates 24 hours a day, 7 days a week and provides urgent community-based assessment and short-term treatment to people in acute psychiatric crisis and/or with an exacerbation of a longer-term mental health issue.

Dual Diagnosis Service – Ph: 6205 1488. The Dual Diagnosis Officer provides consultation and liaison services to health professionals and services regarding issues that involve substance abuse in addition to mental health issues.

Mobile Intensive Treatment Team (MITT)-Northside – Ph: 6205 1110. This is a specialist mental health service that provides a team based, recovery focused service to those people with a first presentation psychosis and those with complex mental health needs.

Older Persons Mental Health Service (OPMHS) – Ph: 6205 1957. Provides specialist mental health assessment and treatment services to people aged 65 and over, who reside in the ACT and have a mental health problem and issues relating to aging.

Brian Hennessy Rehabilitation Centre (BHRC) – Ph: 6251 1222 or 6251 6133 for enquiries regarding a resident. Inpatient facility that provides a recovery focused model of care within a rehabilitation setting.

Mental Health Service for People with Intellectual Disability Ph: 6207 8210. This team is a joint initiative with Disability ACT and is a specialist, cross-agency, consult liaison service providing comprehensive clinical assessment and psychiatric treatment to people with an intellectual disability and a mental illness.

Mental Health Neuropsychology – Ph: 6205 1488. A service that provides specialised neuropsychological assessment and consultation. Referral required.

Aboriginal & Torres Strait Islander Mental Health Services. Provides consultation and liaison services to all mental health teams, Aboriginal youth services and adult medical services and other stakeholders as required. Including:
Aboriginal Liaison Officer Ph: 6296 8915. Clinical Nurse Consultant (located at Winnunga Nimmityjah Aboriginal Health Service) – Ph: 6284 6222.

Consultation Psychiatry Liaison Services – Ph: 6244 3204 (TCH) or 6201 6020 (Calvary). Provides specialist hospital assessment for people admitted to medical wards at both the Canberra and Calvary Hospital. The liaison role also provides psycho education, health promotion and assistance with referrals.

Adult Mental Health Services

Mental Health Assessment Unit (MHAU) – at Canberra Hospital Ph: 6244 2222. Provides a safe environment for specialised mental health assessment, crisis stabilisation and treatment for all people presenting with an acute mental illness or disorder. People who are assessed as not requiring admission are referred to appropriate services in the community.

Adult Mental Health Unit (AMHU) at Canberra Hospital Ph: 6174 5454. An acute inpatient unit which provides voluntary and involuntary psychiatric care and treatment for people with a mental health illness who require hospitalisation.

Adult Community Teams. Are multidisciplinary and provide mental health assessment, treatment, clinical management, crisis management, family support and referral pathways for people with mental health issues. The teams operate during business hours and referrals are received from a range of sources, including individuals, their families, GP’s or community organisations.

Belconnen Mental Health Team – Ph: 6205 1110
City Mental Health Team – Ph: 6205 1338
Tuggeranong Mental Health – Ph: 6205 1488
Woden Mental Health Team – Ph:6205 2777

CoPMI (Children of Parents with a Mental Illness) – Ph: 6205 1110. The CoPMI initiative works in partnership with adult mental health clinicians in supporting families to better manage the affects of mental illness on their family unit. Referrals are made through the mental health clinicians.

Adult Step up Step Down (ASUSD) Program – Ph: 6245 6400. This Program provides support to both non-residential and residential programs for people with a mental health illness and aims to prevent relapse and assist in the recovery from an acute episode of mental illness. People ‘step up’ from the community into a highly supportive environment to prevent further illness and “step down” from the hospital setting to provide a more graduated return to their home. It is managed in partnership with the Mental illness Fellowship (residential) and Woden Community Services (TRec). Referrals are made by a mental health clinical manager.

Alcohol and Drug Services

One phone call is all it takes – Ph: 6207 9977.

Withdrawal Unit – Provides medically supervised activities for withdrawal including educational groups relating to alcohol and other drug use, liaison with self-help groups and follow up with other specialist services in addition to counselling. We have a multidisciplinary team

Medical Team/Opioid Treatment Services – A team of dedicated doctors, nurses and counsellors who are experts in the field of alcohol and drug medicine. Referrals are accepted from GP’s and other health professionals. This service provide ongoing care for people with complex needs who are prescribed Opiate Replacement Therapy, medicated withdrawal and referral for other medical services as appropriate. They also provide medical advice, nursing and counselling support for people with complex needs.

Consultation Liaison Services – Provide services to people admitted to the Canberra Hospital with alcohol and other drug issues in addition to a Co-morbidity Service, IMPACT Program (Integrated Multi-agencies for Parents and Children Together), PEP (Pregnancy Enhancement Program), health promotion and harm minimization education, withdrawal management and through and after-care for pregnant clients at the Alexander Maconochie Centre.

Counseling and Treatment Services – This is a free service for individuals and their families. Opening hours are Monday to Friday 08.30am – 5.00pm (excluding public holidays).

Needle and Syringe program – This aims to reduce the risk of transmission of the HIV virus and other blood borne diseases for injecting drug users by providing sterile injecting equipment and education.

Diversion Services – This program is aimed at diverting people arrested and/or charged with drug or alcohol related offences out of the judicial system into the health system.