



**ACT Health is
a Smoke Free
Environment**



All ACT Health facilities are completely smoke free

All patients, visitors and staff are required to remain smoke free when visiting any ACT Health facility. Security officers will enforce the smoke free environment.

Support is available to help smokers to stay smoke free during their visit to ACT Health facilities. During admission to hospital, inpatients will be offered free Nicotine Replacement Therapy, counselling and strategies to manage cravings. Support is also available for outpatients and visitors with Quitline (Phone 13 7848) providing free Quit packs, advice, multi-lingual support and ongoing telephone counselling.

Winnunga Nimmityjah Aboriginal Health Service has the 'No More Boondah' Quit Smoking Program (Phone: 6284 6222) which can provide similar support.

For more information on quitting

Speak to your GP or pharmacist



For more information on ACT Health smoke free environment

<http://www.health.act.gov.au/about-us/act-health-smoke-free>

Let's work together to keep our environment smoke free.

Accessibility

The ACT Government is committed to making its information, services, events and venues as accessible as possible.

If you have difficulty reading a standard printed document and would like to receive this publication in an alternative format such as large print, please phone 13 22 81 or email HealthACT@act.gov.au



If English is not your first language and you require the Translating and Interpreting Service (TIS), please call 13 14 50.

If you are deaf, or have a speech or hearing impairment and need the teletypewriter service, please phone 13 36 77 and ask for 13 22 81. For speak and listen users, please phone 1300 555 727 and ask for 13 22 81.

For more information on these services visit <http://www.relayservice.com.au>

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