

Information for Students

The 'Prevent Alcohol and Risk Related Trauma in Youth' (P.A.R.T.Y.) Program is a reality based injury prevention program that aims to help you, as a young person, recognise risky situations and behaviours and make informed choices when driving, hanging with your mates, drinking alcohol, or taking drugs.

Although this may not sound like your kind of party, you won't be told that you can't have a good time. We actually want your good times to last as long as possible by helping you to make smart choices and avoid getting injured.

P.A.R.T.Y. programs are run all over the world including Australia, Brazil, Canada, Germany, Japan, and the U.S.A.

AUDIENCE: Students aged 15 and over accompanied by an adult leader


WHERE: The Canberra Hospital

WHEN: During the school year from 8:50am until 3pm

WHAT HAPPENS: When you attend the P.A.R.T.Y program, you'll spend the whole day at the hospital. You will get the opportunity to speak with real life patients about what it is like to be in hospital and how their choices and injuries have impacted their lives. You will also talk to staff that care for them. You will follow the journey of a patient through the hospital looking at what happens to them in environments such as the emergency department, intensive care unit and trauma ward, and then spend time 'living with' the long term impact and disability injuries can cause.

The program emphasises that the choices you make can cause life-threatening injuries to you or others, which not only affects your life, but also the rest of your family and your mates. Above all, we want you to make smart choices, have a plan and think twice about taking risks to prevent harm to yourself and others.

Contact: Program Coordinator Phone- 62442638 or email- P.A.R.T.Y.Canberra@act.gov.au

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