



Nutrition for Children, Youth & Families

General nutrition

Introducing solids

Weight management

Food allergy and intolerance

Iron deficiency

Constipation

Fussy eating

Disordered eating

Healthy eating during
pregnancy and breastfeeding

Community Dietitians

www.health.act.gov.au

WOMEN, YOUTH & CHILDREN COMMUNITY HEALTH PROGRAMS



For more information or bookings
call Community Health Intake on
02 6207 9977