

# Faecal Occult Blood

## **Why Am I Having This Test?**

Your Doctor has requested this test to determine the presence of occult (hidden) blood in your faeces. The results from this test will assist your doctor in making a diagnosis.

## **Diet & Medications**

There are no special dietary requirements for this test.

Medications that can interfere with this test include Aspirin, arthritis medications, corticosteroid and high dose Vitamin C. It is recommended that these medications be ceased at least 2 days prior to doing the test. **Consult your Doctor.**

## **What Do You Need To Do?**

Your doctor will have given you three faeces containers or you will have picked them up from an ACT Pathology collection centre.

Because each stool specimen can be very different it is recommended that one faeces sample be collected on three (3) consecutive days.

Store each sample in the fridge if unable to bring into collection centre straight away.

Once you have collected all three (3) specimens return them to your doctor or to an ACT Pathology collection centre for testing. Please ensure that each container is clearly labeled with your name, date of birth, date and time of collection.

For further information please phone one of our collection centres listed below:

## ACT Pathology Collection Centres

- The Canberra Hospital - Ph 6244 2816  
Mon - Fri 7.30- 5.30  
Saturday 8.30 - 12.15
- Calvary Hospital - Ph 6201 6270  
Mon - Fri 7.30 - 5.30  
Saturday 9.00 - 12.00
- Charnwood – Ph 6258 0787  
Mon - Fri 8.00 – 4.15
- Gungahlin - Ph 6174 5264  
Mon - Fri 7.30 - 4.30  
Saturday 8.30 – 12.30
- O'Connor Shopping Centre - Ph 6262 7522  
Mon - Fri 7.30 - 4.30
- Tuggeranong Health Centre - Ph 6293 4919  
Mon - Fri 8.00 - 5.00  
Saturday 8:30-12:00
- Belconnen Health Centre - Ph 6205 1315  
Mon - Fri 8:00 - 5.00