

Post Vasectomy Semen Analysis Information for Patients

Please read carefully before producing the specimen.

- As sperm are produced over a 10 week period it is advisable to examine 1 sample, collected 3 months post vasectomy and after a minimum of 20 ejaculations.
- However, refrain from sexual intercourse and masturbation for a period of no less than 2 days and no more than 7 days prior to collection.
- As the greatest concentration of sperm is found in the first portion of the ejaculate, it is important that the specimen is collected by masturbation, being careful to collect the **full volume** of ejaculate. **The specimen must be produced by masturbation without a lubricant, and without a condom, directly into a sterile container. If at all possible, do not collect semen using a condom or by interrupted sexual intercourse. If a condom is used, it must be one that is non-toxic ie no spermicide, no lubricant and non-latex.**
- When collecting the specimen, first void urine, then wash hands and genital region and dry well.
- To minimise contamination, remove the lid from the sterile plastic container provided by your doctor before you masturbate and replace it after you have collected the sample.
- Please write your surname, first name, date of birth and the time and date of collection on the label of the container.
- Keep the specimen at ordinary room temperature. On cold days it is important to keep the specimen warm while transporting it to Pathology, for example by placing the container in your pocket.
- Please deliver the specimen, along with your Pathology request form from your doctor to: **ACT Pathology, Building 10 The Canberra Hospital, Gilmore Crescent, Garran.** The specimen must be delivered to the Laboratory within one hour of collection.
- Specimens may be delivered **Monday to Friday (except public holidays) between 8:00 am and 12:00 noon.** Specimens delivered outside these hours will **not** be processed unless prior arrangements have been made with the laboratory.

For further information please contact the Cytology Department at ACT Pathology on **6244 2875**.

Phone 02 6244 2932 Fax 02 6244 2815

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