

### Health Promotion Innovation Fund (closed 21 February 2014) Recommended Project Descriptions

Organisation Name	Ainslie School P&C
Project Title	Ainslie Organic Kids (A.O.K.) - Ainslie School Sustainable Garden Program
Project Summary	This project will build upon already existing activities at the school to promote sustainability, embed related garden activity into the school curriculum, develop related management procedures and also increase community engagement around healthy eating habits.
Funding approved	\$15,000

Organisation Name	Australian Red Cross (Lead agency in partnership for the purposes of this application)
Project Title	Set for Life - addressing food insecurity for families and children in the ACT
Project Summary	The Set for Life project aims to address food insecurity for families and children in the ACT through a range of activities. These include training community organisations to deliver the FoodCents healthy eating program, produce a healthy lunchbox guide for families and coordinate the 2014 ACT Food Security Forum.
Funding approved	\$10,550

Organisation Name	Campbell Primary School
Project Title	Unlocking Potential of Campbell Primary Students
Project Summary	This project aims to encourage key movement experiences to support students to reach their physical and academic potential. Unlocking Potential is a perceptual-motor-sensory program designed to provide preschool to year 6 students with skills essential for physical, emotional and cognitive development.
Funding approved	\$7,300

Organisation Name	Foundation for Alcohol Research and Education Limited
Project Title	Pregnant Pause
Project Summary	This project aims to challenge those close to pregnant women to give up alcohol for a set period of time to support the pregnant woman and raise awareness around Foetal Alcohol Spectrum Disorders. This includes the use of a video distributed through social media and radio advertisements.
Funding approved	\$15,000

Organisation Name	Gungahlin Jets Australian Football Club Inc
Project Title	Jets "Top Guns" Project
Project Summary	The Jets 'Top Gun' project focuses on physical activity, goal setting, mental well-being and nutrition educations with Gungahlin Jets players and parents. This includes education around the value of good nutrition, home cooking and good shopping habits particularly for physical training.
Funding approved	\$13,100

Organisation Name	House with No Steps
Project Title	Crunch Time
Project Summary	The Crunch Time project is a healthy living education and linking program that will be delivered to groups of young people with a disability/mental illness across the ACT. The program will incorporate sessions on healthy eating and cooking, active living and exercise and drug and alcohol awareness.
Funding approved	\$14,922

Organisation Name	Lake Tuggeranong College
Project Title	Eat and Thrive@LTC
Project Summary	The Eat and Thrive@LTC project is a 10 week nutrition and lifestyle program targeting Lake Tuggeranong College students who have been identified by support staff as needing extra help with maintaining healthy eating.
Funding approved	\$2,212

Organisation Name	North Belconnen Day Centre
Project Title	See and Do for a Healthier You
Project Summary	This project focuses on improving the eating habits and physical fitness of both members of the North Belconnen Day Centre and members of the wider community. It will incorporate tai-chi, Heartmoves and dancing into separate monthly programs before expanding on the fitness programs enjoyed most.
Funding approved	\$4,207

Organisation Name	Nutrition Australia ACT Incorporated
Project Title	Food&ME Years 5 & 6
Project Summary	This project will involve a review and update of the Food&ME Years 5 & 6 Nutrition Education Unit to align with the Australian Curriculum - Health and Physical Education. This will complete the suite of curriculum linked Food&ME Units that meet nutrition education components within the National Curriculum for years Kindergarten - Year 8.
Funding approved	\$11,000

Organisation Name	Nutrition Australia ACT Incorporated
Project Title	Project Dinnertime - Take the Nutrition Week Challenge
Project Summary	This project aims to prove that healthy eating and meeting the Dietary Guidelines is affordable, disproving the popular belief that healthy eating is unaffordable. It begins with a week-long challenge during Nutrition Week (October 2014) to the ACT community to achieve their dietary requirements on a limited budget. Two public inspirational cooking showcases and 3 cooking workshops will be held and a social media profile will be created as a platform to increase exposure and participation in the "Challenge". Resources, including menu plans, recipes and shopping lists, will be available for free download on Nutrition Australia ACT's Project Dinnertime website and will continue to be available post Nutrition Week.
Funding approved	\$15,000

Organisation Name	Skateboarding Australia
Project Title	Skateboarding Hubs Program
Project Summary	The Skateboarding Hubs project aims to increase physical activity among children in the ACT by delivering weekly free and fun learn to skate clinics and activities in skate parks across Canberra. The project will target youth not currently engaged in traditional sports and aims to decrease obesity and increase physical activity in children by increasing the diversity of sporting options available in Canberra.
Funding approved	\$15,000

Organisation Name	Special Olympics Australia - ACT
Project Title	SO ACT Get Fit
Project Summary	This project will conduct activities to increase awareness of the importance of healthy eating and regular exercise for continuing engagement in sport and ongoing health of athletes with a disability. It will include training and advice from a dietician and exercise physiologist for athletes, their families/carers and volunteer coaches involved in the 10 sports supported by Special Olympics ACT.
Funding approved	\$12,305