



# AFTER A LLETZ / LEEP BIOPSY

A Loop Excision of the Transformation Zone (LLETZ) or Loop Electro-Excision Procedure (LEEP) aim is to remove abnormal cells from the cervix. A wire loop with an electric current (diathermy) is used to remove these cells.

The following information will assist you with the follow up care required after your LLETZ/LEEP Biopsy

- You may have a bloodstained or watery discharge for the next 2 4 weeks.
- Your next period may be heavier than you usually experience.

### If neither of the above occurs, do not be concerned

#### Restriction of activities:

To assist your healing and safety, we recommend that you:

- Do not use tampons while discharge is still present.
- **Do not** have intercourse while the discharge is still present.
- You may shower but do not have a bath or go swimming while a discharge is still present.
- Avoid strenuous activity for at least 1 week after surgery.

The above restrictions are to allow time for your cervix to heal and reduce the risk of infection.

# Seek Medical Advice if you experience any of the following:

- Heavy bleeding or passing of clots (i.e. if you need to change your pads hourly or more frequently)
- Pain not relieved with simple analgesia such as Panadol
- Fever
- An unpleasant discharge

If you have any concerns or questions, please contact your GP or ring the Canberra Hospital on: 02 62442222 and ask for the Emergency Department.

If you have difficulty reading a standard printed document and would like an alternative format, please phone 13 22 81.

### Your follow up appointment is:

□ GP	
☐ Gynaecology Outpatients (Please phone (02) 6244 3677 )	
□Surgeon	

## Accessibility

If you have difficulty reading a standard printed document and would like an alternative format, please phone 13 22 81.



If English is not your first language and you need the Translating and Interpreting Service (TIS), please call 13 14 50.

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