

## AFTER A SUCTION CURETTAGE

A Suction Curettage is the aspiration or removal of tissue within the uterus with an instrument called a curette.

The following information will assist you with the follow up care required after your suction Curettage.

### Things to be aware of:

- You may have light bleeding for up two weeks
- It may be dark brown in colour, bright red bleeding may not start until three to six days after your operation
- Some women have no bleeding at all
- Your next period is due in four to six weeks' time.

### Restriction of activities:

To assist your healing and safety, we recommend that you:

- **Do not** use tampons while discharge is still present.
- **Do not** have intercourse while the discharge is still present.
- You may shower but **do not** have a bath or go swimming while a discharge is still present.
- Avoid strenuous activity for at least 1 week after surgery.

***The above restrictions are to allow time for your cervix to heal and reduce the risk of infection.***

### Seek medical advice if you experience any of the following:

- Heavy bleeding or passing of clots (ie if you need to change your pads hourly or more frequently)
- Pain not relieved with simple analgesia such as Panadol
- Fever
- An unpleasant discharge.


***If you have any concerns or questions, please contact your GP or ring the Canberra Hospital on: 02 62442222 and ask for the Emergency Department.***

## Your follow up appointment is:

☐ GP \_\_\_\_\_

☐ Gynaecology Outpatients (Please phone (02) 6244 3677) \_\_\_\_\_

☐ Surgeon \_\_\_\_\_

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