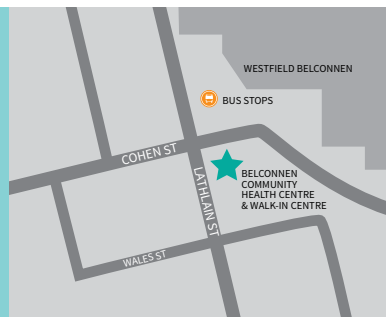
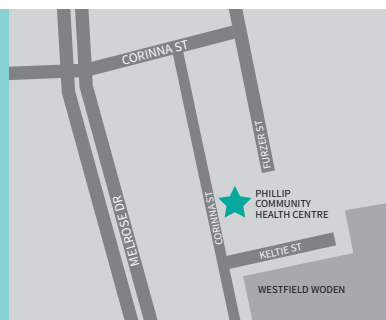


## Service locations



Belconnen  
Community  
Health Centre  
& Walk-in Centre  
56 Lathlain Street,  
Belconnen



Phillip Community  
Health Centre  
17 Corinna Street,  
Phillip

## Accessibility

If you have difficulty reading a standard printed document and would like an alternative format, please phone 13 22 81.



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# Cancer Counselling service



**ACT**  
Government

**Canberra Health  
Services**

[health.act.gov.au](http://health.act.gov.au)

## About the service

Both people with cancer and their families may experience a range of emotions and situations at the time of diagnosis, during and after treatment. The Cancer Counselling Service, funded by ACT Health, can help you adjust to the changes that cancer brings.

Social workers and psychologists provide a wide range of services and support. These include:

- individual counselling
- therapeutic and skills training groups
- information and referral to other community services.

## Our counselling service can help you with:

- managing stress and worry
- managing anxiety and depression
- family or relationship issues
- body image changes
- sexual health
- work life balance
- life values
- self care
- ways to manage concerns and uncertainty about the future, including fear of recurrence
- life after active treatment
- palliative care, end of life issues, bereavement support and counselling.

## Who can use the service?

The service is available to anyone over the age of 16 who has been diagnosed with cancer and to family members and caregivers.

## Service locations

### **Phillip Community Health Centre**


17 Corinna Street, Phillip

### **Belconnen Community Health Centre**

56 Lathlain Street, Belconnen

## Who can make referrals to the service?

- You can refer yourself by ringing the Community Health Intake line on 02 5124 9977.
- Health professionals such as specialists, GPs, nurses and allied health professionals can refer you or your family member.
- Other community agencies and services in the ACT and surrounding regions can refer you or your family.



*A community based counselling and support service for people who are affected by cancer*