

## Maternal and Child Health (MACH) Nursing Service

### Parenting Enhancement Program (PEP)

Dear \_\_\_\_\_

You have been referred to the Parenting Enhancement Program. Parenting can be a challenge and sometimes you need some extra support.

- Our program is voluntary;
- We can visit you regularly for up to 12 months

Your PEP nurse, in partnership with you can:

- Discuss topics and issues relating to caring for you and your baby;
- Help you to set some goals about what's important for you as a parent and support you to work towards them.

**PEP nurse name:**

**Contact Number:**

## Visits

Date/Time	Date/Time

Any information you share with us is confidential unless we are concerned about the safety of you or your baby.

### Accessibility

If you have difficulty reading a standard printed document and would like an alternative format, please phone 13 22 81.



If English is not your first language and you need the Translating and Interpreting Service (TIS), please call 13 14 50.

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