



CANBERRA HOSPITAL
AND HEALTH SERVICES

Residential Aged Care Liaison Nurse (RACLN) for Canberra Hospital

Rehabilitation, Aged and Community Care



What can the Residential Aged Care Liaison Nurse (RACLN) do for you?

While many older people will be able to return home on discharge from hospital, for some a return home is not possible due to their care needs which cannot be met in the community. At this point it will be necessary to consider placement in a residential aged care facility.

Moving into residential aged care may often be a difficult and emotional decision for you, your family and carers. It can be a time of stress, high emotion, and uncertainty about the future.

The role of the RACLN is to provide you with support as you transition from hospital into an aged care facility.

The RACLN is a free service provided for patients in Canberra Hospital.

The RACLN can:

- assist you to understand the aged care system and the process of permanent placement
- assist you to identify and short list aged care facilities that meet your specific needs and requirements
- liaise on your behalf with aged care facilities and advise you when a place becomes available



When you accept a place at a residential aged care facility the RACLN will:

- arrange a suitable date for transfer in discussion with you, the hospital and the facility
- ensure all discharge paperwork is completed and transport arranged.

Contact Information

RACLN

Mon-Fri 8am-3.30pm

Phone: (02) 62444148

E-mail: racln@act.gov.au

How do I access Residential Aged Care Liaison Nurse (RACLN) Services?

To access RACLN services you will need to:

- be a current inpatient at Canberra Hospital and unable to return home
- have a current approval for residential care (permanent) from the Aged Care Assessment Team (ACAT)
- contact the social worker on your ward and ask to be referred to RACLN

Accessibility

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If you have difficulty reading a standard printed document and would like to receive this publication in an alternative format such as large print, please phone 13 22 81 or email HealthACT@act.gov.au



If English is not your first language and you require the Translating and Interpreting Service (TIS), please call 13 14 50.

If you are Deaf, or have a speech or hearing impairment and need the teletypewriter service, please phone 13 36 77 and ask for 13 22 81.

For speak and listen users, please phone 1300 555 727 and ask for 13 22 81. For more information on these services visit <http://www.relayservice.com.au>

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