

Patient Information– Respiratory Function Tests

PLEASE BRING ALL PRESCRIBED BREATHING MEDICATIONS TO YOUR APPOINTMENT.

Your doctor has asked for you to have some breathing tests to test how well your lungs are working. None of these tests are invasive or painful in any way, and our staff will guide you through what you need to do for each test. Please do not smoke, or have caffeine (eg tea, coffee & soft drink) on the day of your appointment.

Spirometry: Gives information about how much air you can get into and out of your lungs in a forced effort. You will have to breathe in deeply, and blow out as hard as you can for as long as you can.

Static Lung Volumes: Provides information on the size of your lungs.

Single Breath Gas Transfer: Measures how much oxygen in the air you breathe moves from your lungs into your blood. In this test you will need to breathe in a special gas mixture and hold your breath for a few seconds before blowing out.

Please contact the Department if you have cold/flu like symptoms in the last two weeks.

Before these tests you will need to **stop** taking your **breathing** medications for the times listed in the table below. If your medication is not on this list, you should take it before the test as normal.

Reliever Medications	Hours
Ventolin®, Airomir®, Asmol®, EPAQ®, Bricanyl®, Atrovent®, Bretaris®	8
Nuelin®	12

Symptom Controllers	Hours
Oxis®, Serevent®, Foradile®	12

Combination Medications	Hours
Symbicort®, Seretide®, Flutiform®, Ultibro®, Breo Ellipta®	12

Steroids	Hours
Panafcort®, Prednisolone	Continue

Preventer Medications	Hours
QVAR®, Pulmicort®, Flixotide®, Alvesco® Intal Forte®, Tilade®	Continue
Singulair®	12

COPD Medications	Hours
Spiriva® Onbrez® Seebri®, Incruse Ellipta®, Anoro Ellipta®	12

If you feel unwell after stopping your breathing medication, please take it as normal, and call your referring doctor and this Department to talk about your appointment. If you have any questions regarding the breathing tests or the medications you are taking please call the Department on 02 6244 2066.

Accessibility

If you have difficulty reading a standard printed document and would like an alternative format, please phone 13 22 81.



If English is not your first language and you need the Translating and Interpreting Service (TIS), please call 13 14 50.

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