

Transport Services for Canberra Hospital Patients

Before you come to hospital, please make arrangements for getting to and from Canberra Hospital. It is important to remember that after many procedures driving is not allowed. Ambulances generally **will not** drive you home after your hospital stay. Even if you arrived in an ambulance, you will need to make your own arrangements to get home. Most people can ask family or friends to help them to get home. Sometimes this help is not available. This list provides the information and contact details for other transport options.

ACT Community Transport Services

Community Transport is provided by various community organisations in the ACT. They provide door to door transport, using a car and volunteer driver. To use Community Transport, you will need to be well enough to get to and from the car without help. You will also need to be able to get in and out of the car on your own. If you use a wheelchair but can move yourself to and from a car, you can use Community Transport.

Transport services are available from approximately 8.30am to 3.30pm, Monday to Friday. **There is no weekend service.** There is a small cost for Community Transport within the ACT.

To be eligible to use the service you must be:

- over 65 years of age or over 50 years of age for Aboriginal and Torres Strait Islander people
AND
- registered with My Aged Care. (You can register with My Aged Care by phoning 1800 200 422.)

If you are under 65, Community Transport may provide you short term transport based on your medical needs.

Please book the service a **minimum of 24 hours in advance**. It is even better to book as soon as you know when you will need transport.

Not all community organisations will provide transport when you are ready to come home from hospital. Please ask your local service about their arrangements.

Anglicare ACT

Address: 6/80 Beaurepaire Crescent, Holt ACT 2615

Transport: (02) 6278 8480

Belconnen Community Services

Address: Belconnen Community Centre, Chandler St, Belconnen ACT 2616
 Transport: (02) 6278 8124

Community Services #1

Address: Boolimba Cres, Narrabundah ACT 2904
 Transport: (02) 6126 4780

Communities @ Work – All of Canberra

Address: 47 Earnest Cavanagh Street Gungahlin ACT 2912
 Transport: (02) 6126 9090
Note: This service will not take patients home when they leave hospital.

DUO

Address: 25 Blaxland Crescent, Griffith ACT 2603
 Transport: (02) 6287 2870

Flexible Bus Service

Transport: (02) 6205 3555

Free service available to Canberra residents with limited access to public transport. Localised to particular areas, the service picks up residents from their home and takes them to local community services such as shopping centres and hospitals. Services operate Monday to Friday, 9:30 am - 1:30 pm.

Mercy Health

Address: Suite 2E, 46-50 Hibberson Street, Gungahlin ACT 2912
 Transport: (02) 6228 9600

Northside Community Service

Address: Majura Community Centre, 2 Rosevear Place, Dickson ACT 2602
 Transport: (02) 6257 2255

Woden Community Service

Address: Woden Community Centre, Corinna St, Woden ACT 2606.
 Transport: (02) 6181 2828

NSW Community Transport Services

Community transport services are available for NSW residents. The services are available to patients (and their carers), who are going home. **No community service will transport a patient from The Canberra Hospital to another hospital.**

To be eligible to use the service you must be

- over 65 years of age or over 50 years of age for Aboriginal and Torres Strait Islander people
AND
- registered with My Aged Care. (You can register with My Aged Care by phoning 1800 200 422.)

If you are under 65 years of age, Community Transport may provide short term transport based on your medical needs.

After your treatment at Canberra Hospital, you will need a “Fitness to Travel Certificate” filled out by your doctor or the nurse in charge of the ward/unit area where you had your treatment. You will need to give this form to the driver. Ask the nurse caring for you to help you with this.

Please note that costs may change over time.

The service provider will be able to tell you whether any concessions are available to help with the cost of the service.

Bus services may be a cheaper option. You might like to consider this if you are well enough to use public transport.

If you have your carer or family member here, they will usually be able to travel with you. Let the service know that they will be collecting two people.

Batlow

Ph: (02) 6949 1006
Fax: (02) 6949 1223
Cost: \$70

Bega Valley

This service covers the Bega Valley Shire and includes: Eden, Merimbula, Bermagui, Cobargo and Pambula. Subject to capacity. Leaves Canberra by 1pm.

Ph: (02) 6492 4188
Fax: (02) 6492 5295
Cost: Contribution of \$100

Cootamundra

Ph: (02) 6942 7786
 Fax: (02) 6942 7794
 Hours: 8.30am-5.00pm Monday-Friday
 Cost: \$60

Cowra

Ph: (02) 6340 1100
 Fax: (02) 6341 2557
 Hours: 8.30am-5.00pm Monday-Friday
 Cost: \$95.00 from Cowra to Canberra Hospital, a little variation from outside areas.

Eurobodalla

Ph: (02) 4474 1040
 Fax: (02) 4474 1028
 Hours: 8.30am - 4.00pm. Answering machine available to leave messages and they will get back promptly. This service has a set timetable for daily travel (Monday - Friday) to and from Canberra Hospital.
 Cost: \$60 from Narooma, \$45 from Moruya, \$45 from Bateman's Bay (return fares).

Goulburn

Ph: (02) 48212933
 Fax: (02) 4821 2799
 Hours: 8.30am-4.30pm. Monday-Friday
 Cost: Donation requested.

Gundagai

Ph: (02) 6944 0290
 Fax: (02) 6944 2216
 Cost: \$70

Queanbeyan (Valmar Transport)

Ph: 6297 2720
 Hours: 8.30am-4.30pm Monday-Friday
 Cost: \$15.00
 Can take patients home after their hospital stay but the patient must have a fitness to travel certificate from Canberra Hospital.

Snowy River & Cooma Monaro

Ph: (02) 6451 1054
 Fax: (02) 6456 3972
 Hours: 9.30am-3.30pm. Monday-Friday
 Cost: Contribution requested.

Tumut

Ph: (02) 6941 2591
 Fax: (02) 6941 2694
 Cost: \$79

Yass Valley Home Living Support Service

Ph: 6226 4555
 Cost: \$32.00 return (full pension), \$34 (part pension), \$36 (no pension)
 Hours: 8.30am-4.30pm. Answering machine is on at lunchtime (1.00pm - 2.00pm)

Young

This service includes Boorowa and Harden.

Ph: (02) 6382 1518
 Fax: (02) 6382 7449
 Cost: \$70 return for car. Bus \$30 return Monday/Wednesday/Friday.

Taxi Services

Cabxpress (Queanbeyan)	Ph. (02) 6181 2700
Canberra Elite Taxis	Ph. 13 2227 or (02) 6126 1600
C-B-D Chauffeured Transport	Ph. (02) 6297 9899
Murrumbateman Taxi Service	Ph. 0414 488 375
Queanbeyan Taxis	Ph. 13 2211
Silver Service Canberra	Ph. (02) 6239 3555
Yass Taxis	Ph. (02) 6226 3111

Regional Bus & Rail Services

Some patients may be able to use commercial transport to return home. Commercial services are sometimes cheaper than other arrangements, such as Community Transport.

Transport Canberra (Action Buses)

Ph: (02) 6207 7611

Web: www.transport.act.gov.au

Q City Transit

Ph: (02) 6299 3722

Web: www.qcitytransit.com.au/

Provides services between Canberra and Queanbeyan. Transborder Express provides services between Canberra and Yass and services to Thredbo during the snow season (usually June-October).

Greyhound Coaches

Ph: 1300 473 946

Web: www.greyhound.com.au

Provides services between major cities.

Murrays Coaches

Ph: 132 251

Web: www.murrays.com.au

Provides services to:

- the south coast as far as Narooma.
- Cooma-Thredbo - this service only operates in snow season, (usually July-September) but leaves early at 0530 hours.
- Goulburn-Moss Vale-Wollongong leaves every day at 6.00pm
- Sydney: multiple services daily.

NSW Trainlink (Rail)

Ph: 132 232 (Reservations)

Web: www.nswtrainlink.info

Provides connections to the following areas:

- Young-Cowra-Orange
- Cooma-Jindabyne-Bombala-Bega-Eden
- Yass-Harden-Cootamundra-Wagga-Griffith-Mildura

Rixons

Ph: (02) 4474 4243, 0402 266 776 or Sue 0458 744 242

Web: www.rixonsbus.com.au

Provides services from Canberra to the south coast as far north as Milton and as far south as Narooma. Door to door service is available. Picks up from Hospital Road bus stop, Canberra Hospital at 3.45pm.

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