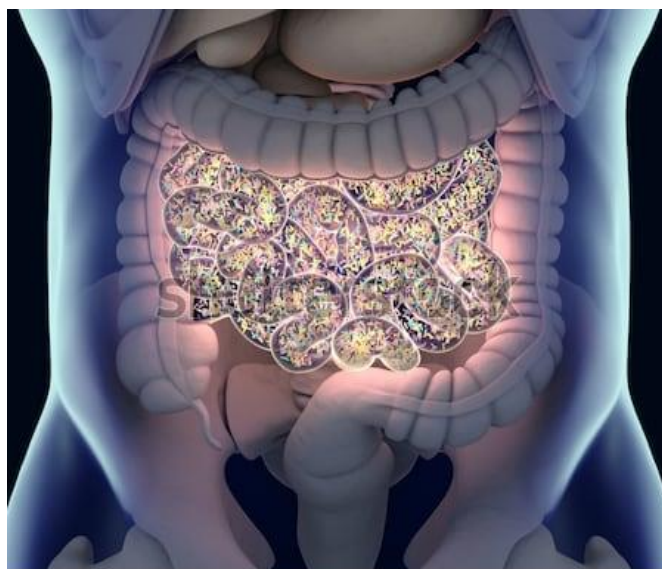


# ACT Health invites you to the **Gut Microbiome Workshop**

Monday 29 July, 1-3pm, Canberra Hospital



Your gut microbiome is the community of trillions of microbes that inhabit your gastrointestinal tract. These microbes affect your response to medications, your weight, and your behaviour, and have been implicated in numerous diseases, including diabetes, cancer, and the inflammatory bowel diseases.

In this workshop, gut microbiome expert, Dr Claire O'Brien from the Australian National University (ANU) will provide students with an understanding of the normal gut microbiome, and factors that dynamically change our microbiome, including diet and disease.

Following the workshop presentation, students will have the opportunity to visit one of the research laboratories at Canberra Hospital.

For more information on CHARM visit  
[health.act.gov.au/research/charm-2019](http://health.act.gov.au/research/charm-2019)