

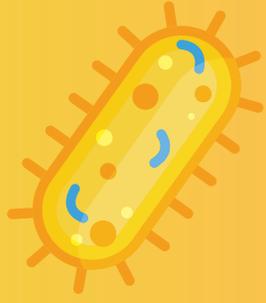
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Most people who have HPV do not even know.

You may have 0 symptoms but HPV infections can cause cancer and genital warts.

The most common reactions to the HPV vaccine are pain, redness and swelling at the injection site. These should go away on their own within a couple of days.

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You will need to get a second dose of the HPV vaccine 6 months after your first one.

4/5 unvaccinated people will contract HPV at some point in their lives.

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You will need 2 doses of the HPV vaccine to make sure you have the best chance of not catching HPV.

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You will need to sit quietly for 15 minutes after vaccination to ensure you are ok to go back to class.

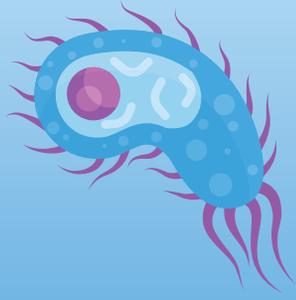
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The HPV vaccine covers 9 different strains of the virus. This means it can protect you against 90% of all HPV related cancers.

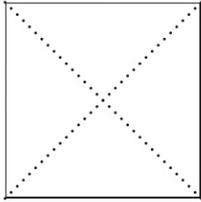
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Make sure you eat and drink water today. Did you know it is recommended that we all drink 8 glasses of water every day?

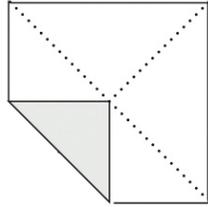
8



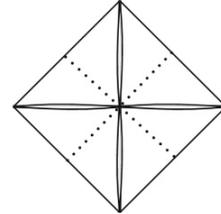
**1.** Fold each corner to the opposite corner



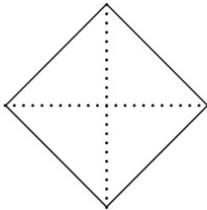
**2.** Fold all corners to the centre of the paper



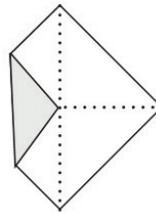
**3.** Now your paper should look like this



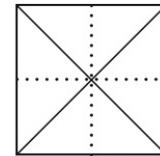
**4.** Now turn your paper over so the folds you just made are face down



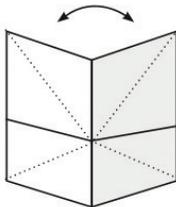
**5.** Fold all corners to the centre of the paper



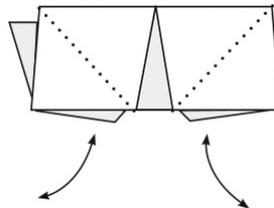
**6.** Your paper should now look something like this



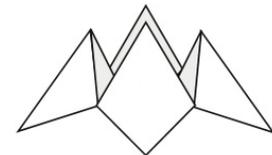
**7.** Now fold your paper in half vertically



**8.** Now fold your paper in half horizontally



**9.** Finished!



### How to play chatterbox:

- » Ask your partner to pick a colour.
- » Open the chatterbox in alternating directions while spelling the colour, keeping the chatterbox open after the last letter.

- » Ask your partner to pick a number from the ones showing. Open the chatterbox in alternating directions while counting to the chosen number.
- » Ask your partner to pick a number from those showing, open fold and read.