

What to bring?

- If you have an enduring power of attorney for medical decisions, please bring the original or a certified copy with you for staff to check.
- Any special food if you need it. We provide some food, but may not have what you need for your dietary requirements.
- Something to occupy your time, free Wi-Fi is available.

If you have an appointment and are unable to attend please contact BreastScreen on 13 20 50 or 6205 5053.

Informing your GP

BreastScreen ACT ask that you provide the name of your GP or a GP Practice. A letter will be sent to your GP telling them about your Assessment Clinic appointment.

A separate letter will be sent to your GP with the results of your Assessment clinic visit.

Results

Assessment clinic results are usually available on the day of your appointment, unless you have a biopsy.

If you have a biopsy, we will make another appointment with you to discuss your biopsy results.

Can all cancers be detected by these tests?

Most breast cancers will be detected by these tests, but no test is 100% accurate in finding all breast cancers. It is important for you to follow up any recommendations made by the Assessment Clinic doctor.

Accessibility

If you have difficulty reading a standard printed document and would like an alternative format, please phone 13 22 81.



If English is not your first language and you need the Translating and Interpreting Service (TIS), please call 13 14 50.

For further accessibility information, visit:
www.health.act.gov.au/accessibility

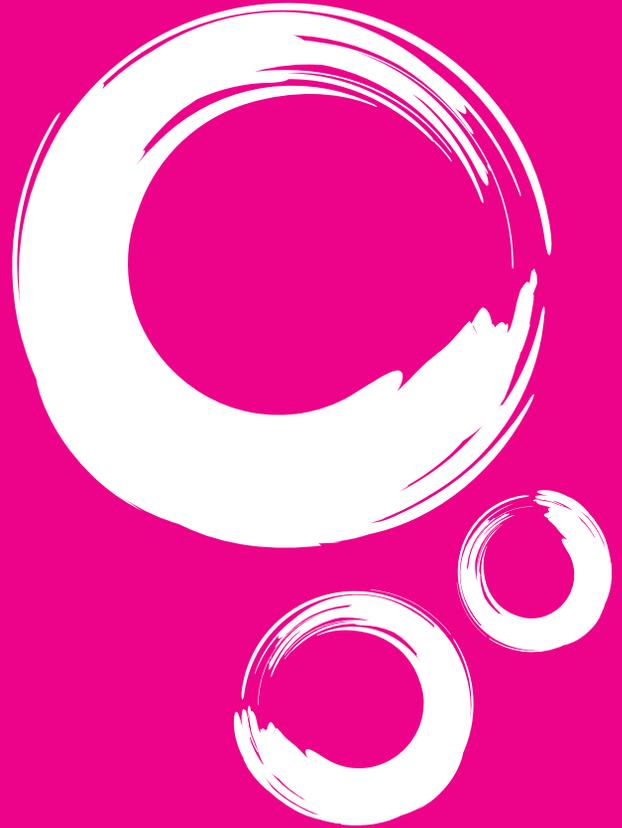
www.health.act.gov.au | Phone: 132281
Publication No. Q014873

© Australian Capital Territory, Canberra June 2020

A program of



Assessment Clinic



BreastScreen ACT



13 20 50

Belconnen | Phillip | City

We may ask you to come in for other tests after your mammogram. Being called back to BreastScreen does not mean you have breast cancer¹.

What is an Assessment Clinic?

An Assessment Clinic may be your next step after a mammogram. We may call you back to BreastScreen for other tests when we see an area of interest or change on your mammogram. These tests may include:

- a clinical breast examination
- another mammogram
- tomosynthesis (3D mammogram)
- ultrasound (a test which uses sound waves to show further detail of your breast tissue)
- biopsy.

A team of health professionals will perform the tests and will support you through your appointment.

All services provided during the Assessment Clinic are FREE of charge.

The Assessment Clinic is located at BreastScreen ACT, Ground Floor, City Community Health Centre, 1 Moore Street, City.

Why have I been called back?

You have been called back to the BreastScreen Assessment Clinic because we have found an area on your mammogram which needs to be examined in more detail. Common changes we see in mammograms include:

Cysts

A round lesion with clear edges seen on a mammogram is usually a cyst or a benign (non-cancerous) lump. Further tests may be needed if the edges cannot be seen clearly on the mammogram.

Calcification

Specks of calcium (calcification) may be seen on the mammogram. These are usually normal but may be an early sign of breast cancer. Further tests of these areas may be needed.

Breast density

Uneven thickness of some breast tissue may look like an abnormality. Further tests will help to closely examine an area of thickness (dense area).

Scarring

A previous operation and/or injury to your breast may have caused scarring. Scar tissue can make breast images harder to read and further tests may be needed.

Previous films/images

When you come to an Assessment Clinic, we encourage you to bring any mammogram or ultrasound films/images that you have from previous scans. These can help the radiologist see any changes in your breast tissue over time.

What can I expect?

- We recommend you put aside the entire day for your appointment as more than one test is often needed.
- You are welcome to bring a support person with you, however, they may need to wait in the 'outer waiting room'. You can sit with them at various times during your appointment.
- Before you come to your appointment, eat as you normally would and take your regular medicines as usual.
- Do not put deodorant, powder or lotions under your arms or on your chest on the day of your appointment.
- Wear a two-piece outfit with a separate top and bottom to your appointment. This is so you can take your top off and wear a gown over the upper half of your body.
- A nurse will guide you through your visit and ask you about your medical history.
- More tests such as another mammogram and/or an ultrasound may be required.
- We may also need to take a biopsy. The clinic doctor will talk with you about this if you need one.

Please remember to ask us for a medical certificate for the day for you and/or your support person if needed.

¹ Australian Institute of Health and Welfare