

School Based P.A.R.T.Y.



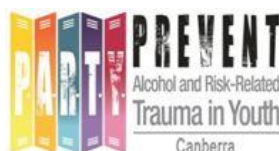
Canberra Health
Services

- 09:00- 09:05** **Arrival of Group to Auditorium/presentation area (5 mins)**
- 09:05- 09:10** **Welcome and Instructions (5 mins)**
- 09:10- 09:30** **Risk taking, Choices, Ripple effect**
- P.A.R.T.Y. Program Coordinator
- 09:30-09:35** **Headspace 'How Alcohol Affects the Brain'**
- 09:35- 09:50** **Alcohol Presentation & Trauma Code Simulation video**
-Trauma Nurse ACT Trauma Service
- 09:50- 09:55** **Discussion about Activity stations and scenario discussion**
- 10:00- 11:00** **Rotation of Groups through 6 stations. Will do 3 rotations then a break then 3 more (15 mins each)**
a. Myths about Alcohol/ b. Communication activity (Volunteer)
c. Medical Equipment- What is that? (Trauma nurse) d. Organ & Tissue donation (DonateLife Coordinator)
e. What to do in an emergency (P.A.R.T.Y. Coordinator)
f. Physiotherapy (PT)
- 11:00- 11:15** **Morning Tea/ Toilet Break (15 mins)**
- 11:15- 12:15** **Re-commence last 3 rotations**
- 12:15- 12:35** **Injury Ambassador Talk (20 mins)**
- 12:35- 12:45** **Debrief/ Evaluation (10 mins)**

Program takes approximately 3.5hrs including one 15 min break, times can be altered to fit in with school times.

The program can only cater to a maximum of 100 students

P.A.R.T.Y is an initiative of the ACT Trauma Service at Canberra Health Services



Supported by



Description of Group rotations;

a. Drug & Alcohol scenario- Facilitated by D&A Nurse

- Scenario based activity

b. Communication activity- Facilitated by Volunteer

- Ask students to work in pairs and communicate a statement to partner without using speech or written words (simulating an injury to the brain and speech centres), this activity may be substituted with an alternate activity

c. Medical Equipment- Facilitated by Trauma Nurse

Description of Medical equipment used for trauma patients through the ED & ICU journey citing the Trauma patient scenario

d. Organ & tissue donation- Facilitated by DonateLife Coordinator

- Discussion around Organ and tissue donation for patient A
- Interactive Activity- Interactive organ removable torso (10 minutes)

e. First aid and What to do in an Emergency- Facilitated by P.A.R.T.Y. Coordinator

- Calling for help
- Opening an airway
- Recovery position

f. Physiotherapy- Facilitated by Physiotherapist or AHA

- Students given the opportunity to try on mobility/ restrictive devices to simulate Patient B with injured limb or spinal injury with explanation given about timeframes for wearing devices and daily living implications. Activity may be adjusted by Physio team.