

# 24 Hour Acid Urine Collection

## Safety:

- The container you have been given contains **hydrochloric acid**. Please **DO NOT** discard this as it is used as a preservative.
- You **must** read the safety information on the container label prior to opening the container.
- If the acid comes into contact with your skin or clothing wash immediately with plenty of water and consult your doctor.

## How Do You Collect The 24 Hour Urine?

- Obtain the collection container from any ACT Pathology Collection Centre, listed overleaf.
- Please bring your request form with you so that the laboratory staff can give you the correct container for the tests your doctor has ordered.
- The container has specific instructions on the label, please follow them closely.
- You start collecting urine in the morning when you get up.

## What Do You Do?

- Go to the toilet and empty your bladder. **DO NOT COLLECT THIS SPECIMEN INTO THE CONTAINER.**
- Write the time (e.g. 7.00 am) and date on the container label. This is the beginning of the 24 hour collection period.
- From this time onwards, for the next 24 hours, put **ALL** of the urine you pass into the container. This **INCLUDES** the urine you pass the following morning. **THE LAST COLLECTION MUST BE AS NEAR TO THE SAME TIME AS THE DISCARDED SPECIMEN OF THE PREVIOUS MORNING.**
- Each time you add urine to the bottle mix gently. Take care not to spill any of the urine during collection.
- Write the time and date of the last collection on the container label.
- At this time, write your full name (given and family names), date of birth, address suburb and postcode on the label of the container.
- Bring the container and request form to one of our collection centres listed overleaf **as soon as possible**.

Please remember, we are here to help you. For further information, please contact one of the collection centres listed overleaf.

Phone 02 5124 2932 Fax 02 5124 2815  
actpathology@act.gov.au  
www.health.act.gov.au/services/act-pathology  
Gilmore Crescent Garran ACT 2605 PO Box 11 Woden ACT 2606



## ACT Pathology Collection Centres

- The Canberra Hospital - Ph 5124 2816  
Mon - Fri 7.30 - 5.30  
Saturday 8.30 - 12.15
- Gungahlin - Ph 5124 1135  
Mon - Fri 7.30 - 4.30  
Saturday 8.30 - 12.30
- Belconnen Health Centre - Ph 5124 1502  
Mon - Fri 8.00 - 5.00
- Tuggeranong Health Centre - Ph 5124 1352  
Mon - Fri 8.00 - 5.00  
Saturday 8:30-12.00
- University of Canberra Hospital – Ph 5124 0230  
Mon – Fri 8.00 – 4.15

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