

Urine Cytology Testing

Why Am I Having This Test?

Your doctor has requested this test to assess the state of your bladder and urinary tract. It may be requested as a fresh single specimen or a series of three (3) fresh specimens collected on separate days.

What do I need to do?

You will need urine collection containers. If you were not given these by your doctor or clinic, you can pick them up from one of our collection centres (Do not use any other containers other than one issued by your Doctor or ACT Pathology).

Do not collect the urine for analysis that you pass when you first get up in the morning as these specimens are not suitable. In order for this test to be as accurate as possible a **mid morning** specimen collected after you have been moving around is preferred. 2-3 hours after you awake please do following:

1. Commence passing urine into the toilet
2. Collect a specimen of urine mid stream into the container you have been given
3. Complete emptying your bladder into the toilet

Once you have collected the specimen, make sure that the lid is screwed on firmly and the container is labelled with your **Name, Date of birth, date and time of collection** and **postcode**.

How Do You Collect for a series over 3 Days?

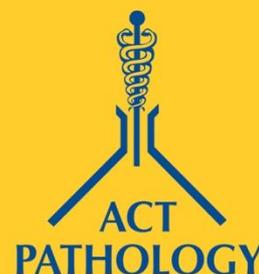
You will need 3 urine collection containers. If you were not given these by your doctor or clinic, you can pick them up from one of our collection centres.

Collect a mid stream urine at mid morning (as above) on **3 separate days**.

Specimen needs to be refrigerated immediately after collection.

Bring the containers and the Pathology request form to any of our collection centres as soon as possible after you have finished **each** specimen. **The specimens may not be able to be tested if you wait and deliver all three specimens together.**

Phone 02 5124 2932 Fax 02 5124 2815
actpathology@act.gov.au
www.health.act.gov.au/services/act-pathology
Gilmore Crescent Garran ACT 2605 PO Box 11 Woden ACT 2606



ACT Pathology Collection Centres

- The Canberra Hospital - Ph 5124 2816
Mon - Fri 7.30 - 5.30
Saturday 8.30 - 12.15
- University of Canberra Hospital - Ph 5124 0230
Mon - Fri 7.30 - 5.30
Saturday 9.00 - 12.00
- Gungahlin Health Centre- Ph 5124 1135
Mon - Fri 7.30 - 4.30
Saturday 8.30 – 12.30
- Belconnen Health Centre-Ph 5124 1502
Mon - Fri 8.00 - 5.00
- Tuggeranong Health Centre - Ph 5124 1352
Mon - Fri 8.00 - 5.00
Saturday 8.30-12.00

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