

## Ngunnawal Bush Healing Farm

The Ngunnawal Bush Healing Farm (NBHF) provides a place of healing, where Aboriginal and Torres Strait Islander people can feel safe and supported to make ongoing and meaningful changes in their lives.

### What is the NBHF Program?

The NBHF Program uses a therapeutic community approach, traditional healing concepts, cultural programs, and life skills training to tackle underlying social and emotional issues.

The NBHF Team works with a range of services (health, social, community, educational, government, non-government) to ensure clients can access assistance based on individual needs. We offer a structured program, delivered in partnership with local Aboriginal and Torres Strait Islander teachers, trauma counsellors and community organisations.

### Who can attend Ngunnawal Bush Healing Farm?

Anyone who is aged 18 to 50 years, who identifies as an Aboriginal and/or Torres Strait Islander person and does not have a history of violent and/or sexual offending can attend Ngunnawal Bush Healing Farm.

To attend, you need to:

- Be 4-6 weeks free from alcohol and other drugs;
- Be free from medically assisted opioid dependence treatment (e.g. not receiving Methadone / Buprenorphine/ Buvidal);
- Be able to attend the program Monday to Thursday for up to 10 weeks, and commit to attend on a daily basis; and
- Remain free from all drugs and alcohol while attending the Day Program.

A willingness to learn and work on all aspects of your life—socially, spiritually, emotionally, mentally and physically—in conjunction with support workers, referring agencies and other agencies support workers will help you get the most out of the program.

### How is the NBHF Program delivered?

The program is delivered at the Ngunnawal Bush Healing Farm and at other locations including local sites of cultural significance. All transport, meals and equipment are provided.

### How do I refer someone to the NBHF Program?

Complete the Agency Referral Form including Consent to Share and Obtain Information and send to [NBHF\\_Referrals@act.gov.au](mailto:NBHF_Referrals@act.gov.au).

## What is the referral assessment process?

People referred to the NBHF will meet with a member of our team for an initial assessment to determine eligibility. This process usually takes between 7-14 days.

If they are eligible, they are invited to attend an interview with the NBHF Cultural Evaluation Panel who will assess their readiness for the program.

The following information is also considered:

- History of alcohol and other drugs use and treatment.
- Mental health and stability of current medications.
- Criminal history.

If they are ready to enter the program, they will be placed on the program waitlist and offered the next available place.

## When is the next program?

Please contact the Operations Manager, Lefan Jard on 0466 869 334 or send an email to [NBHF\\_Referrals@act.gov.au](mailto:NBHF_Referrals@act.gov.au) to enquire about program dates.

# Ngunnawal Bush Healing Farm - Referral Form

## Client Information

Client Full Name		Date of Birth	
Address		Home	
Email		Mobile	
Place of Birth			

Referring Agency		Date	
Name of contact		Phone Number	

## Reason for referral to NBHF Program

## Other support services the client is involved with, or has accessed in the recent past

Agency	Support Person	Support client is receiving and contact details

## Current Medications (required for suitability assessment)

Medication name (e.g. amoxicillin)	Dosage (e.g. 500mg)	Frequency (e.g. 4 x daily)	Reason for medication (e.g. infection)

## Mental Health needs – please provide as much detail as possible

## Criminal History – please provide full history

## Alcohol and Other Drugs – please provide full history of AOD use and past treatment

## Consent to Share and Obtain Information

The Ngunnawal Bush Healing Farm (NBHF) treats personal information as confidential. Your information will be stored securely and only accessed by NBHF staff on a need to know basis.

I, ..... grant consent for NBHF staff to access my personal information from, and share my personal information with, the persons and services listed below. I understand that I have the right to withdraw or amend consent at any time.

Services/ Agencies	Contact Person and number	Consent to Obtain and Share Information
Mental Health Services		
Alcohol and Other Drug Services		
Health Service/ GP		
Corrective Services		
Legal Representatives		
Department of Housing		
Community Services		
Diversion Services (MERIT/CADAS)		
Centrelink		
Department of social services		
Hospital		
Family Members		
Other		

This consent is valid for a period of 12 months only.

I have **read and understood** the information provided above:

Client Name:	Client Signature:	Date:
Witness Name:	Witness Signature:	Date: