

2022 ACT Health Directorate 12th Allied Health Symposium

Innovation in Allied Health

From transformative ideas to
practical applications



Wednesday 27 April 2022

1.30pm – 4.30pm



ACT
Government

ACT Health

Allied Health Symposium Program



Innovation in Allied Health

From transformative ideas to practical applications

Master of Ceremonies

Nick Brown, Professor of Allied Health Research, Canberra Health Services/
University of Canberra.

Program

1.30pm **Opening**

Nick Brown, Professor of Allied Health Research, Canberra Health Services/
University of Canberra.

1.35pm **Welcome**

Helen Matthews, Chief Allied Health Officer, ACT Health Directorate.

1.40pm **Opening address**

Darlene Cox, Executive Director, Healthcare Consumers Association.

1.50pm **Keynote speaker**

Louise Schaper, Chief Executive Officer, Australasian Institute of
Digital Health.

2.30pm **A role for robot-assisted rehabilitation**

Todd Kaye, Director of Allied Health, Rehabilitation, Aged and Community
Services, Canberra Health Services.

2.45pm **Break and poster viewing**

3.15pm **Fastball presentations**

Rosalyn Stanton, Allied Health Research Network Chair,
Canberra Health Services.

4.30pm **Closing**

Nick Brown, Professor of Allied Health Research, Canberra Health Services/
University of Canberra.

Fastball presentations

'Holding the infant in mind': improving outcomes for depressed mothers with the Circle of Security Parenting Program

Rebecca Reay, Occupational Therapist, Canberra Health Services.

Rebecca will report on the effectiveness of the Circle of Security Parenting Program (COS-P) on improving parenting attitudes, capacities, and care-giver depressive symptoms.

Rebooting the Pelvic Floor into action

Taylor Wallace, Physiotherapist, Canberra Health Services.

Taylor will describe an innovative program to provide timely, evidence based Physiotherapy care for women experiencing lengthy waiting times on the gynaecology waiting list.

Prehabilitation: Fit for Elective Cancer Surgery

Jackie Freeman, Exercise Physiologist and Jenny Hawke, Dietitian, The Canberra Hospital.

Jackie will present on the innovative, multimodal Canberra Health Services.

Prehabilitation Service for patients undergoing elective gastrointestinal and colorectal surgical procedures. She will outline the impact of prehabilitation on pre-operative nutritional status, physical activity levels, and anxiety, and the influence on post-operative outcomes.

Intervention Coding in Community Care Podiatry - A step toward improving service provision

Katja Veenendaal, Podiatrist, Canberra Health Services.

Katja will describe a high compliance, simple to use intervention coding tool, which adds value to service review when standardised, considered and relevant data is coded, collected and used to monitor trends.

A New Look for Nutrition Care for Canberra Health Services Dialysis Patients

Jelena Puskarica, Dietitian, Canberra Health Services.

Kirsten will present on an innovative model of care using screening processes to redistribute staff resources to high-risk patients. The model prioritises staff education and aligns with research by focusing on building food skills through health promotion initiatives.

Taking STRIDEs to Improve Access to Eating Disorders Treatment

Alex Cobb, Dietitian, Canberra Health Services.

Prolonged waiting times to access eating disorders programs have a deleterious impact on clients, staff, and the wider health system. Alex will report on the development of the student-led 'Short Term Recovery Intervention for Disordered Eating (STRIDE)' Program providing Cognitive Behavioural Therapy to adults with mild to moderate presentations.

"The waitlist is really long" Tackling the waitlist to see an orthopaedic surgeon for a non-urgent condition

Danealle Gilfillan, Physiotherapist, Canberra Health Services
(to be confirmed).

Danealle will describe the impact of the Advanced Practice Physiotherapist role on the achievement of better health outcomes and quality of care for consumers with non-urgent orthopaedic conditions.

High satisfaction and positive patient experiences with an Advanced Practice Physiotherapist Rheumatology Category 3 Triage and Assessment Clinic

Carol McCrum, Physiotherapist, Canberra Health Services.

Carol will present a study evaluating patient experiences, satisfaction and wait times with a Category 3 Triage and Assessment clinic provided by an Advance Practice Physiotherapist, with Rheumatologist supervision.

Poster presentations

Optimisation of cerebral and neurovascular imaging requests to improve patient outcomes and reduce interdepartmental conflict

Hannah Christian, Nicholas Bosley, and Jackson Monck, Calvary Public Hospital Bruce.

“Do you see what I see?”: standardising swallow videofluoroscopy assessment and interpretation across public hospitals in the ACT

Chantal Harrison, Lisa Schmierer, Anna Glover, Pip Chalmers, Hannah Finlay, Trang Nguyen, Jessica Rennie, Laura Curran, Canberra Health Services.

Family and caregiver group intervention for psychosis

Katherine Staniewski, Canberra Health Services.

Improving Access during a Pandemic: Lessons Learnt from Mental Health Report Provision to the ACT Law Courts

Elizabeth Huxley, Camille Falkiner, Tegan Murray, Sarah Gosper, Gillian Sharp, Canberra Health Services.

‘A learning wealth with telehealth – variety in physiotherapy student placements’

Renai De Marco, Canberra Health Services.

Improving Dietetic Service Provision to Gastroenterology Outpatients

Jemma Corrigan, Canberra Health Services.

Developing the Social Work Allied Health Assistant Role

Veronique Clyde and Snezana Vujic, Canberra Health Services *(to be confirmed)*.

Embedding the Clinical Lead – Family Violence role into the Emergency Department, Canberra Hospital

Renata Kiss, Anna McLeod, Fiona Holihan, Canberra Health Services.

Pilot Trial of a Brief Intervention Clinic in a Custodial Context: Preliminary Findings

Rebecca Byrne, Roni Botterill, Samantha O’Brien, Elizabeth Huxley, Leigh Thompson, Gillian Sharp, Canberra Health Services.

A Low Intensity Program to Improve Access to Pain Management Programs for People with Chronic Pain

Caitlin McGill, Madelaine Byrne, Nick Dennett, Melinda Symon, Debra Pritchard, Paula Ozola, Anna Scanes, Canberra Health Services.

GLA:D (Good Life with osteoarthritis) – Canberra Health Services Contributing To Innovative International Research

Jack Ewart, Canberra Health Services.

Are patients in the acute care setting routinely referred to Occupational Therapy for Pressure Injury intervention? A retrospective case review of referral and intervention numbers

Kylie Pressley, Canberra Health Services.

Canberra Script – The ACTs New Real Time Prescription Monitoring System

Emma Booth, Natalie Johns, Shallwin Varghese, Michael Fitzsimons, ACT Health Directorate.

Improving patient preparation for cardiology outpatient procedures

Luke Krause, Magnus Haldorf, Kasey Banbury, Sam Kinnane, and Elizabeth Moran, Canberra Health Services.

A Rheumatology MDT model Category 3 Triage and Assessment Pathway: utilising specialist Advanced Practice Physiotherapist expertise

Carol McCrum and Danealle Gilfillan, Canberra Health Services.

Thank you

- > Oral and poster presenters

- > Allied Health Research Network
Chair Rosalyn Stanton
Network members

- > Allied Health Abstract Review Group

- > Professor of Allied Health Research
Nick Brown

- > Communications and Media team, ACT Health Directorate

- > Office of Professional Leadership and Education staff

- > EventsAIR