

Healthy Canberra Grants: Focus on Supporting Children and Families | Summaries of approved applications

Organisation	Program Title + Program Summary	Total Amount Recommended
ACT Playgroups	<p>Reconnect Playgroups</p> <p>The program aims to provide targeted supported playgroups to assist parents with a child born during the COVID-19 Pandemic.</p>	\$126,996
Barnardos Australia	<p>Nourishing & Flourishing</p> <p>This program is a (home based) early intervention and nutrition support program for children aged 0-2 years who present with the signs of developmental delays and/or neurodivergence or have a formal diagnosis but have not yet been able to access appropriate support.</p>	\$208,164
Capital Region Community Services	<p>Healthy Habits</p> <p>This program will deliver interactive groups sessions focused on a range of topics directly related to healthy childhood development during the first 1000 days of life.</p>	\$50,328
Nutrition Australia ACT	<p>Feeding Healthy Futures</p> <p>This program is a food and nutrition group education program that spans across three crucial stages in a child’s life – in utero, infancy, and toddlerhood.</p>	\$148,775
UnitingCare Kippax	<p>Road to Health</p> <p>This program will facilitate workshops to improve health literacy in expectant and new parents.</p>	\$15,142
University of Canberra	<p>Active Beginnings. Increasing physical activity levels in women of childbearing age in CALD communities: A co-designed program</p> <p>This co-design program aims to improve awareness of the benefits of physical activity in pregnancy and the childbearing years in women from CALD communities and community leaders.</p>	\$149,418
University of Newcastle	<p>Asthma in Pregnancy: Breathe Life for You and Your Baby</p> <p>This program aims to decrease rates of uncontrolled asthma in pregnant women in the ACT, leading to a decrease in associated poor health outcomes for mothers and their children, including childhood asthma.</p>	\$264,160
		\$962,983