

National

## Australian Communicating Through the Haze - Health Outcomes of Bushfire Smoke Exposure University and Efficacy of Communication Techniques: A Scoping Review

Emily Heaney<sup>1</sup>, Laura Hunter<sup>1</sup>, Angus Clulow<sup>1</sup>, Devin Bowles<sup>2</sup>, Sotiris Vardoulakis<sup>2</sup>

- 1. ANU Medical School, Australian National University, Canberra, ACT 2601, Australia
- 2. National Centre for Epidemiology and Population Health, Australian National University, Canberra, ACT 2601, Australia

#### **BACKGROUND**

- Bushfire events are global phenomena and they compel health and emergency services to disseminate crucial health information in a timely manner or risk illness, disability, and loss of life [1, 2]. Beyond physical fire damage, the associated smoke that is produced can impact a much larger proportion of the population [3, 4].
- As climate change triggers natural disasters with increasing frequency and intensity [5], we aim to assess the evidence surrounding adverse health effects of bushfire smoke exposure and recommendations regarding optimal public communication strategies in smoke-related disaster scenarios.

#### RESULTS

# Communication during bushfires

10 articles based in Australia 30 articles outside Australia

Articles discussed origin, media form, traditional (television, radio, newspapers, hotlines, meetings, websites) and non-traditional (social media, Twitter, Facebook) sources, media choices. Articles discussed message style, content, limitations. Nontraditional media sources provide real-time and targeted information, tracking of bushfires and warnings.

- Under 40 years old preference for social media, television and newspapers. Over 40 years old preference radio and newspapers.
- Message content included guidance, time frame, specific hazards, updates.
- At-risk populations included elderly, paediatric, culturally and linguistically diverse, pre-existing medical conditions (e.g., cardiorespiratory).
- Content was suggested to be clear, specific, accurate and consistent to increase public participation and uptake.
- Clear branding by official organisations are suggested. Multiple forms of message content distribution are recommended.
- Limitations identified: deaf and hard of hearing populations, visually impaired populations, sensationalism of events, the rise of misinformation in social media.

## **Bushfire smoke health outcomes**

10 articles based in Australia 20 articles outside Australia

Articles discussed adverse health outcomes, health seeking behaviour during smoke events, and morbidity/mortality data. Others discussed at-risk populations.

- Increased emergency department visits and hospitalisations during bushfire events for asthma, COPD, and cardiovascular causes.
- Increased respiratory morbidity, but unclear cardiovascular morbidity and mortality due to bushfire smoke exposure.
- Increased all-cause mortality associated with bushfire smoke events.
- Mild psychological distress associated with bushfires, and psychiatric illness experienced up to 5 years post-event.
- At-risk populations included paediatric, elderly, females, low socioeconomic, First Nations people, those with pre-existing health conditions.



ANGUS.CLULOW@ANU.EDU.AU

#### **METHODS**

## Database search

Title and abstract screening

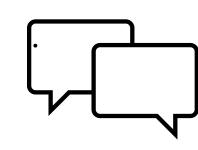
Full text articles screened

Stratification into communication or health outcomes.

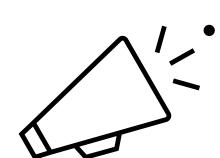
### Articles identified from three databases:

- PubMed = 515
- ProQuest = 295
- 892 total records Web of Science = 82
- 20 duplicates excluded.
- 852 records screened
- 710 excluded
- 142 records assessed.
- 75 excluded.
- 67 records included.
- 3 records fit into both categories.
- 40 records focused on communication strategies.
- 30 focused on health outcomes of bushfire smoke exposure.

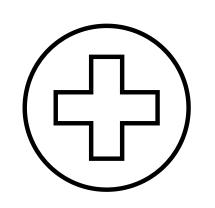
#### DISCUSSION

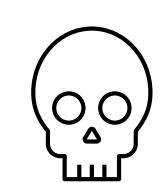


- Cannot overstate value of sustained health messaging before bushfire season [6, 7].
- Despite increased social media use, reliance of traditional sources continues [8]
- Continuing use of TV, newspapers and radio ensures at risk groups such as the elderly are reached

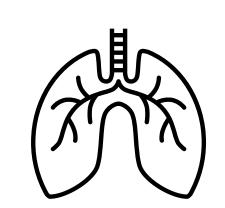


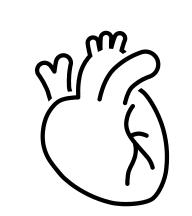
- More improvement on targeting at risk groups such as culturally and linguistically diverse, audio/visually impaired must occur [9, 10]
- Most presentations to hospital involved the emergency department only, suggesting most health outcomes are adequately managed in an acute setting [11]





- Heterogenous reporting on how bushfire smoke-induced morbidity and mortality manifests
- Common respiratory morbidity included exacerbations of asthma, COPD, and respiratory tract infections [10]





- In hyperacute settings, associated cardiac mortality included out of hospital cardiac arrests in adult males [12]
- Smoke-induced psychological distress is difficult to specify [13]
- Possible causes include isolation, and disruption to normal activities [13]



### REFERENCES

doi:10.17269/s41997-018-0070-5.

- CSIRO. The 2019-20 bushfires: a CSIRO explainer. Available online: https://www.csiro.au/en/Research/Environment/Extreme-Events/Bushfire/preparing-for-climate-change/2019-20-bushfires-explainer (accessed on July 21).
- Quinn, P. Crisis Communication in Public Health Emergencies: The Limits of 'Legal Control' and the Risks for Harmful Outcomes in a Digital Age. Life Sciences, Society and Policy 2018, 14, doi:10.1186/s40504-018-0067-0.
- Vardoulakis, S.; Jalaludin, B.B.; Morgan, G.G.; Hanigan, I.C.; Johnston, F.H. Bushfire smoke: urgent need for a national health protection strategy. Med J Aust 2020, 212, 349-353.e341, doi:10.5694/mja2.50511. Australian Department of Health. Reducing the risk of prolonged exposure to smoke. Available online: https://www.health.gov.au/news/reducing-the-risk-of-prolonged-exposure-to-smoke (accessed on 21/07/2020).
- Allen, S.; Cardona, O.; Cutter, S.; Dube, O.P.; Ebi, K.; Handmer, J.; Lavell, A.; Mastrandrea, M.; McBean, G.; Mechler, R.; et al. Managing the Risks of Extreme Events and Disasters to Advance Climate Change Adaptation. Special Report of Working Groups I and II of the Intergovernmental Panel on Climate Change. 2012.
- Anderson-Berry, L.; Achilles, T.; Panchuk, S.; Mackie, B.; Canterford, S.; Leck, A.; Bird, D.K. Sending a message: How significant events have influenced the warnings landscape in Australia. International Journal of Disaster Risk Reduction 2018, 30, 5-17, doi:10.1016/j.ijdrr.2018.03.005.
- Steelman, T.A.; McCaffrey, S. Best practices in risk and crisis communication: Implications for natural hazards management. Natural Hazards 2013, 65, 683-705, doi:10.1007/s11069-012-0386-z.
- Robinson, M. Bushfires, 2003. A rural GP's perspective. Aust Fam Physician 2003, 32, 985-988.
- Neuhauser, L.; Ivey, S.L.; Huang, D.; Engelman, A.; Tseng, W.; Dahrouge, D.; Gurung, S.; Kealey, M. Availability of Emergency Preparedness Materials for Deaf and Hard-of-Hearing and Older Adult Populations: Issues and Assessments. PLoS One 2013, 8, doi:10.1371/journal.pone.0055614.
- Cascio, W.E. Wildland fire smoke and human health. Sci. Total Environ. 2018, 624, 586-595, doi:10.1016/j.scitotenv.2017.12.086.
- Johnston, F.H.; Purdie, S.; Jalaludin, B.; Martin, K.L.; Henderson, S.B.; Morgan, G.G. Air pollution events from forest fires and emergency department attendances in Sydney, Australia 1996-2007: a case-crossover analysis. Environ Health 2014, 13, 105, doi:10.1186/1476-069X-13-105. Dennekamp, M.; Straney, L.D.; Erbas, B.; Abramson, M.J.; Keywood, M.; Smith, K.; Sim, M.R.; Glass, D.C.; Del Monaco, A.; Haikerwal, A.; et al. Forest Fire Smoke Exposures and Out-of-Hospital Cardiac Arrests in
- Melbourne, Australia: A Case-Crossover Study. Environmental Health Perspectives 2015, 123, 959-964, doi:10.1289/ehp.1408436. Dodd, W.; Scott, P.; Courtney, H.; Scott, C.; Rose, C.; Cunsolo, A.; Orbinski, J. Lived experience of a record wildfire season in the Northwest Territories, Canada. Canadian Journal of Public Health 2018, 109, 327-337, 13.